

Saturday Retreat Days 2019

10.30 - 16.30
Golders Green Quaker Meeting House
NW11 7AD

February 9th

March 23rd

April 20th

June 8th

The days are open to anyone who welcomes the opportunity to spend a day in silence, simply BEING in nurturing surroundings.

As well as being a beautiful building, Golders Green Meeting House is situated on the edge of ancient woodland and participants are welcome to walk in the woodland.

Apart from checking in together at the beginning, and feeding back at the end, the whole day will be spent in silence, including the lunch break.

Please bring with you any reading material you might find helpful. You may want to prepare by reflecting in advance on what you would like to glean from the day.

Please bring a lunch item to share, or a packed lunch. Tea/coffee and biscuits will be provided throughout the day. A donation of £10 is suggested towards the costs of hiring the meeting house for the day.

Enquiries to Harry 07770 772939 or Jean 07826 101454

